



ALCOHOL AND PREGNANCY - IT'S JUST NOT WORTH THE RISK

Alcohol Awareness Month – April, 2014

For Alcohol Awareness Month in April, the AAP has developed a video to promote the public health message that fetal alcohol spectrum disorders (FASDs) are completely preventable if women do not drink alcohol while pregnant. The video is available online at HealthyChildren.org/FASDrisk.

An estimated 40,000 babies are born each year with FASDs which can affect their physical, mental, behavioral and cognitive development for a lifetime. Children who are diagnosed with FASDs can experience growth deficiencies, cognitive and behavioral disabilities dysmorphic facial features.

Primary care providers play an important role in communicating prevention messages and the diagnosis and treatment of FASDs. Pediatric clinicians should consider FASDs when evaluating children with developmental problems, behavioral concerns or school failure. Like other children with complex medical or behavioral disabilities, children with FASDs need a pediatric medical home to provide and coordinate care as well as to ensure necessary medical, behavioral, social, and educational services. To support these efforts, the FASD Toolkit provides practice management and treatment resources including an algorithm for evaluation and sample messaging for talking with families and school staff.

Pediatric clinicians are called to remain committed to communicating the potential for alcohol to cause negative health consequences for the fetus. It is important to reinforce the message with both young adults and families in the preconception and interconception period.

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™



a program to enhance the health & development of infants & children

Fetal Alcohol Spectrum Disorders Program

A program of the American Academy of Pediatrics in cooperation with the Centers for Disease Control & Prevention

FASD TOOLKIT FOR MEDICAL HOME PROVIDERS
WWW.AAP.ORG/FASD

- Fact sheet
- Algorithm for Diagnosis and Intervention
- Practice based guidelines

PEDIALINK COURSE

Fetal Alcohol Spectrum Disorders: Identification and Management
[HTTP://PEDIALINK.AAP.ORG](http://PEDIALINK.AAP.ORG)

FASD REGIONAL TRAINING CENTERS

<http://www.cdc.gov/NCBDDD/fasd/training.html#RTCs>

DEVELOPED BY THE AMERICAN ACADEMY OF PEDIATRICS, THROUGH A COOPERATIVE AGREEMENT WITH THE NATIONAL CENTER ON BIRTH DEFECTS AND DEVELOPMENTAL DISABILITIES OF THE CENTERS FOR DISEASE CONTROL AND PREVENTION.

Watch the FASD Prevention Video

healthychildren.org/FASDrisk



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